LEBANESE INTERNATIONAL UNIVERSITY

Major Title:
Bachelor of Nutrition and Dietetics
Major Code: BNUTR
Level: underGraduate
Number Of Credits: 99
Date: 2026-10-05

Bachelor of Nutrition and Dietetics (BNUTR)

First Year

Fall Semester

Code	Title	Credits	Prerequisites	Corequisites
BIOL200	General Biology I	3	ENGL101-BIOL160	BIOL200L
ARAB200	Arabic Language and Literature	3		
	General Education Electives	3		
CHEM200L	General Chemistry Lab	1	ENGL101-CHEM160	CHEM200
BIOL200L	General Biology I Lab	1	ENGL101	BIOL200
CHEM200	General Chemistry	3	ENGL101-CHEM160	CHEM200L
ENGL201	Composition and Research Skills	3	ENGL151	
Total		17		

Spring Semester

Code	Title	Credits	Prerequisites	Corequisites
ENGL251	Communication Skills	3	ENGL201	
CHEM255	Basic Organic Chemistry	3	CHEM200	CHEM255L
NUTR250	Basic Nutrition	3	ENGL151-BIOL200	
MATH245	Statistics for Health Sciences	3	ENGL151	
BIOL360	Human Physiology & Anatomy	4	BIOL200	
CHEM255L	Basic Organic Chemistry Lab	1	CHEM200	CHEM255
Total		17		

Second Year

Fall Semester

Code	Title	Credits	Prerequisites	Corequisites
FDSC300	Technology of Food Products	3	BIOL200-ENGL151-CHEM200	FDSC300L
FDSC300L	Technology of Food Products Lab	1	CHEM200	FDSC300
BIOC310	Medical Biochemistry	4	CHEM255-BIOL200	
NUTR315	Human Nutrition and Metabolism	4	BIOL360-NUTR250	BIOC310
BMGT200	Introduction to Business Management	3	ENGL151	
Total		15		

Spring Semester

Code	Title	Credits	Prerequisites	Corequisites
BIOL385	Microbiology	3	BIOL200	BIOL385L
BMED445	Pathophysiology	3	BIOL360	
NUTR351	Nutritional Assessment and Counseling	4	NUTR250-BIOL360	BIOC310
CULT200	Introduction to Arab - Islamic Civilization	3		
	General Education Electives	3		
BIOL385L	Microbiology Lab	1	BIOL200	BIOL385
Total		17		

Third Year				
Fall Semester				
Code	**Title**	**Credits**	**Prerequisites**	**Corequisites**
FDSC425L	Food Processing Lab	1	FDSC300	FDSC420
NUTR440	Obesity & Regulation of Body Weight	3	NUTR351	
	Major Elective	3		
NUTR400	Nutrition Through Life Span	3	NUTR315	
NUTR411	Therapeutic Nutrition	4	NUTR351-BIOC310	
FDSC420	Food Processing	3	FDSC300	FDSC425L
Total		17		
Spring Semester				
Code	**Title**	**Credits**	**Prerequisites**	**Corequisites**
NUTR475	Inborn Errors of Metabolism	3	NUTR351-NUTR315-BIOC310	
	General Education Electives	3		
NUTR450	Community Nutrition	3	NUTR315	
NUTR485	Selected Topics in Clinical Nutrition	3	NUTR351	NUTR411
FDSC460	Food Service Management	3	BMGT200-BIOL385-NUTR250	
NUTR490	Nutrition Seminar	1	NUTR351	NUTR411
Total		16		